

# Gilbert Breakfast

The Gilbert School

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Oct 1**

Whole Grain Donuts  
Fruit Cup  
4 oz. Juice  
Fat-Free Chocolate  
Milk  
MILK,1% Lowfat

**Oct 2**

Cinnamon Roll  
Fruit Cup  
4 oz. Juice  
Fat-Free Chocolate  
Milk  
MILK,1% Lowfat

**Oct 3**

Assorted Muffins  
Fruit Cup  
4 oz. Juice  
Fat-Free Chocolate  
Milk  
MILK,1% Lowfat

**Oct 4**

Breakfast Bar  
Fruit Cup  
4 oz. Juice  
Fat-Free Chocolate  
Milk  
MILK,1% Lowfat

**Oct 7**

Assorted Muffins  
Fruit Cup  
4 oz. Juice  
Fat-Free Chocolate  
Milk  
MILK,1% Lowfat

**Oct 8**

Breakfast Bar  
Fruit Cup  
4 oz. Juice  
Fat-Free Chocolate  
Milk  
MILK,1% Lowfat

**Oct 9**

Cinnamon Roll  
Fruit Cup  
4 oz. Juice  
Fat-Free Chocolate  
Milk  
MILK,1% Lowfat

**Oct 10**

Fruit Filled Strudel  
Fruit Cup  
4 oz. Juice  
Fat-Free Chocolate  
Milk  
MILK,1% Lowfat

**Oct 11**

Whole Grain Donuts  
Fruit Cup  
4 oz. Juice  
Fat-Free Chocolate  
Milk  
MILK,1% Lowfat

**Oct 14**

**Oct 15**

Whole Grain Donuts  
Fruit Cup  
4 oz. Juice  
Fat-Free Chocolate  
Milk  
MILK,1% Lowfat

**Oct 16**

Cinnamon Roll  
Fruit Cup  
4 oz. Juice  
Fat-Free Chocolate  
Milk  
MILK,1% Lowfat

**Oct 17**

Assorted Muffins  
Fruit Cup  
4 oz. Juice  
Fat-Free Chocolate  
Milk  
MILK,1% Lowfat

**Oct 18**

Breakfast Bar  
Fruit Cup  
4 oz. Juice  
Fat-Free Chocolate  
Milk  
MILK,1% Lowfat

**Oct 21**

Assorted Muffins  
Fruit Cup  
4 oz. Juice  
Fat-Free Chocolate  
Milk  
MILK,1% Lowfat

**Oct 22**

Breakfast Bar  
Fruit Cup  
4 oz. Juice  
Fat-Free Chocolate  
Milk  
MILK,1% Lowfat

**Oct 23**

Cinnamon Roll  
Fruit Cup  
4 oz. Juice  
Fat-Free Chocolate  
Milk  
MILK,1% Lowfat

**Oct 24**

Fruit Filled Strudel  
Fruit Cup  
4 oz. Juice  
Fat-Free Chocolate  
Milk  
MILK,1% Lowfat

**Oct 25**

Whole Grain Donuts  
Fruit Cup  
4 oz. Juice  
Fat-Free Chocolate  
Milk  
MILK,1% Lowfat

**Oct 28**

Fruit Filled Strudel  
Fruit Cup  
4 oz. Juice  
Fat-Free Chocolate  
Milk  
MILK,1% Lowfat

**Oct 29**

Whole Grain Donuts  
Fruit Cup  
4 oz. Juice  
Fat-Free Chocolate  
Milk  
MILK,1% Lowfat

**Oct 30**

Cinnamon Roll  
Fruit Cup  
4 oz. Juice  
Fat-Free Chocolate  
Milk  
MILK,1% Lowfat

**Oct 31**

Assorted Muffins  
Fruit Cup  
4 oz. Juice  
Fat-Free Chocolate  
Milk  
MILK,1% Lowfat

- ✓ **Alternate Meals Offered Daily.**
- ✓ **Meals subject to change.**
- ✓ **This institution is an equal opportunity provider.**